

# 2016 SCAR

## Adventure Race Formguide

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All roads lead to the southwest this coming weekend for the latest instalment of the National Adventure Series, the Skibbereen based SCAR race.

The quality of the field is top class for the Men's expert race in particular and with the top 6 from last year present another cracking contest is likely to be in store.

In the men's expert race the Cavan Run Kayak/ Mucno Tri club pairing of Dessie Duffy and Killian Heery were 2<sup>nd</sup> and 3<sup>rd</sup> here last year and are in good form as evidenced by their recent Quest Killarney placings (1<sup>st</sup> & 3<sup>rd</sup> respectively) but Mark Nolan who was 4<sup>th</sup> there will be looking to repeat his narrow win here over Duffy of last year on a course that will suit his biking strengths but realistically all of the top 7 contenders here are strong on the bike.

Duffy looked strong in the closing running stage in Killarney but this course is sure to offer a closer contest with these 3 most likely to fill the podium places again.

Eric Wolf is consistent and will look to repeat his 4<sup>th</sup> place finish from last year and his brother in law Michael Buckley might be one to improve on his 7<sup>th</sup> place last year thus probably leap-frogging Mark Wolf and indeed Peter Walsh in the pecking order.

Local hopes would seem to rest on Donnacha O'Brien and Luke Mc Carthy but they will want to be at the top of their game to challenge for a top 5 placing in this high class field.

The ladies Expert race sees the return of the 2014 & 2015 SCAR winner Fiona Meade who is back to good AR form as evidenced by her close up 2<sup>nd</sup> in a great ladies field at Quest Achill in September.

Sarah Galligan is likely to provide some serious competition though and is back in super shape so Meade will need to be at her best to take her 3<sup>rd</sup> win in a row whilst Jackie Howard could well prove best of the rest in repeating her 3<sup>rd</sup> place finish of 2015.

In the men's Sport event Barry Cronin, who was 3<sup>rd</sup> here last year, looks to have an easier task than in his recent races at the Expert level with the other podium places looking likely to be filled by one of the local talents and any man bearing the O'Donovan name from these parts is sure to attract attention!

In the Ladies Sport event Lorraine Carey is in super form this year and seems a hot favourite to seal her 4<sup>th</sup> series race win in a row and set her up nicely to try and claim the overall series crown at the final race at Westport Sea 2 Summit next month.

Mags Fitzgerald is on the comeback trail from injury but could well be next best in what looks like an open enough contest for the minor placings

